



- CELEBRATING OUR LIVES
- CHALLENGING DISABALISM
- ACHIEVING EQUALITY

# VALUING DIFFERENCE

**UNDERSTANDING THE NEED FOR  
DISABILITY EQUALITY**

An **impairment** is when part of your mind or body doesn't work, or does not work like most people's.

There are many types of impairments, but they are all long-term and impact on how you do ordinary things.

**With adjustments, Disabled People can do them differently.**

**Doing**  
DIFFICULTY

Walking  
Breathing



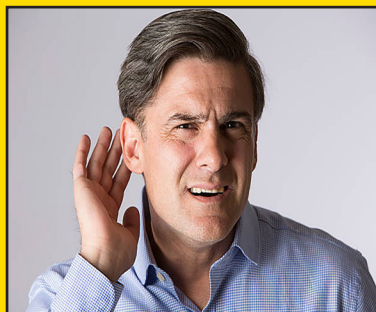
**Seeing**  
DIFFICULTY

Spotting  
hazards



**Hearing**  
DIFFICULTY

Communicating



**Thinking**  
DIFFICULTY

Understanding  
Knowing



**Feeling**  
DIFFICULTIES

Upset/Anxious  
Sad/Depressed



**As long as there have been humans  
there have been impairments. They are caused by:**

**ACCIDENTS**



**WAR**



**DISEASE**



**YOUR  
GENES**



**POVERTY  
HUNGER**



**LIVING  
STRESS**



For thousands of years people who are different have been viewed as Gods, bad, burdens, funny or freaks and often treated badly.

ANCIENT EGYPTIAN GOD, BEZ



CRUEL VIKING LEADER, IVARR THE BONELESS



EVIL KING RICHARD III



THE BLIND WITCH IN HANSEL AND GRETEL



BEGGARS: FIRST CHARITY, THEN LOCKED UP AWAY

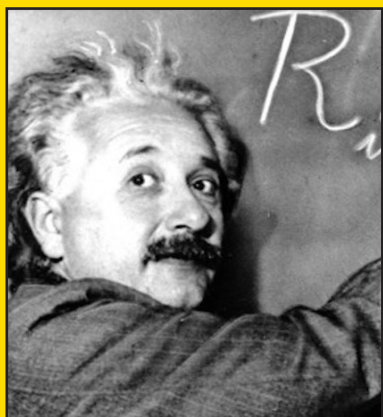


THOSE WITH MENTAL IMPAIRMENTS: LOCKED UP AND KILLED IN NAZI GERMANY.



**Despite this thinking, some disabled people  
have achieved a great deal in their lives.**

**ALBERT  
EINSTEIN**



**SCIENTIST**  
(Dyslexia/  
autism)

**FRIDA  
KAHLO**



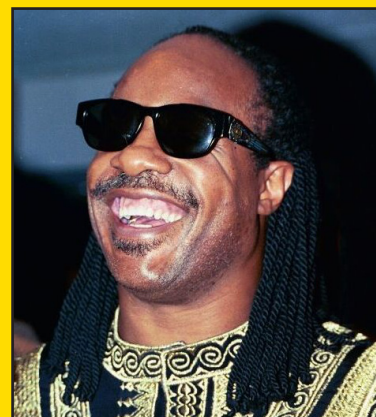
**ARTIST**  
(Polio and  
damaged spine)

**ROSE  
AYLING-ELLIS**



**ACTRESS**  
'EastEnders' and  
winner 'Strictly'  
(Deaf)

**STEVIE  
WONDER**



**POP SINGER**  
(Blind)

**SARAH  
GORDY**



**TV ACTOR**  
(Learning  
Difficulties-Downs  
Syndrome)

Things that prevent disabled people doing things are called

# **BARRIERS**

**BARRIERS CAN BE FOUND IN:**

The way people think about you – **ATTITUDES**

The way things are built or designed – **ENVIRONMENT**

The way things are done-rules, laws, practices – **ORGANISATION**

People with different impairments face barriers that are similar and some are different, depending on their type of impairment.

**ALL BARRIERS ARE DISABLING.**

**IMPAIRMENTS CANNOT BE GOT RID OF, BUT BARRIERS CAN BE.**

# **BARRIERS** for a wheelchair user

**Stairs**



**Kerb  
stones**



**Narrow  
entrance**



# **SOLUTIONS** for a wheelchair user

**Ramp**



**Drop kerb**

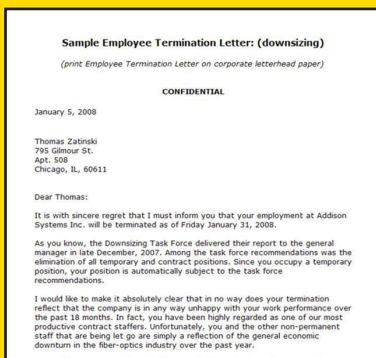


**Width 850mm+**



# BARRIERS for visually impaired & blind people

## Text & small print



## Dangerous crossing



# SOLUTIONS for visually impaired & blind people

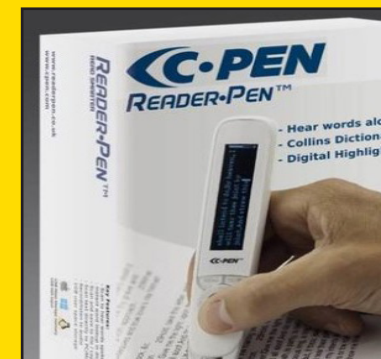
## Braille



## Pelican crossing



## C-pen text to speech



# **BARRIERS** for hearing impaired and deaf people

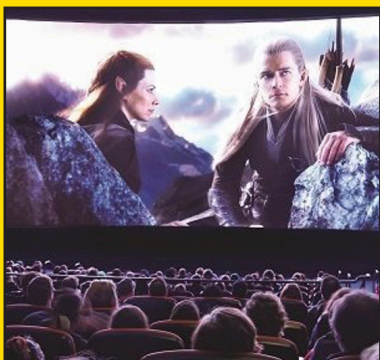
## Telephone



## Speech & sounds



## Screens



# **SOLUTIONS** for hearing impaired and deaf people

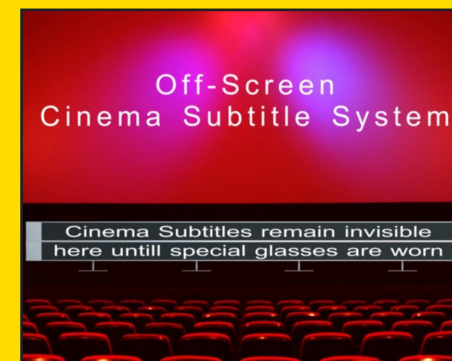
## Signing on smart phones



## Finger spelling & sign



## Caption



# BARRIERS for neurodiverse and learning disabled people

## Complicated text

...the mountain and begins to read. It's the sear. He tells of the history of Panem, the one that rose up out of the ashes of a place that was North America. He lists the disasters, the droughts, the fires, the encroaching seas that took so much of the land, the brutal war for what remained. The result was Panem, a capitol ringed by thirteen districts, which brought order and prosperity to its citizens. Then came the rebellion of the districts against the Capitol. They were defeated, the thirteenth obliterated. The new laws to guarantee



# SOLUTIONS for neurodiverse and learning disabled people

## Easy Read & pictograms



### 3 Ways to Calm Down Sensory Overload

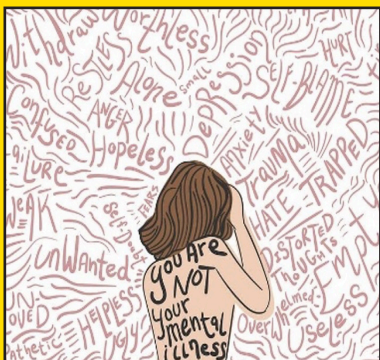
<b>Choose sensory-friendly events, places and services</b>  Examples: <ul style="list-style-type: none"><li>• Movies</li><li>• Performances</li><li>• Shopping times</li></ul>	<b>Manage your sensory experience by taking breaks</b>  Examples: <ul style="list-style-type: none"><li>• Quiet zones</li><li>• Movement breaks</li></ul>	<b>Reduce sensory input</b>  Examples: <ul style="list-style-type: none"><li>• Noise-cancelling headphones</li><li>• Sunglasses</li></ul>
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# **BARRIERS** for people with mental health issues

**Despair & lack of support**

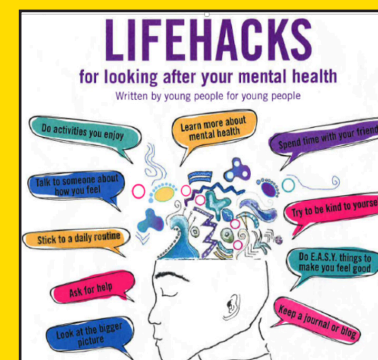


**Being overwhelmed  
ignorance**

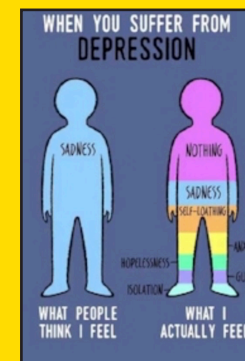


# **SOLUTIONS** for people with mental health issues

**Developing Awareness of Mental Health**



**Therapeutic Understanding & Support**



# DID YOU KNOW?

1 IN 5 CHILDREN FROM THE AGES  
13-18 WILL LIVE WITH A MENTAL  
ILLNESS



DEPRESSION AND  
ANXIETY ARE THE  
MOST COMMON  
MENTAL ILLNESSES

ONLY 30% OF DEPRESSED  
TEENS ARE BEING TREATED



MENTAL  
ILLNESSES CAN  
AFFECT



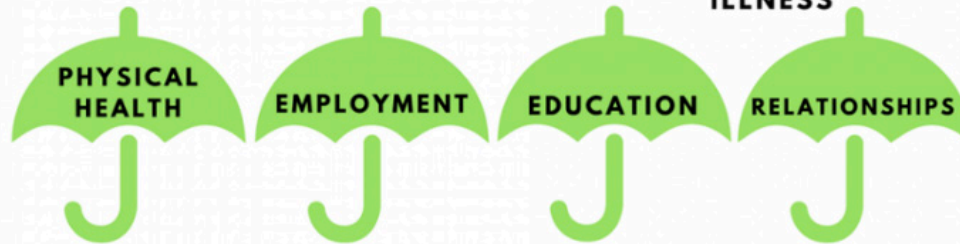
90% OF THOSE WHO  
COMMITTED SUICIDE HAD AN  
UNDERLYING MENTAL  
ILLNESS

PHYSICAL  
HEALTH

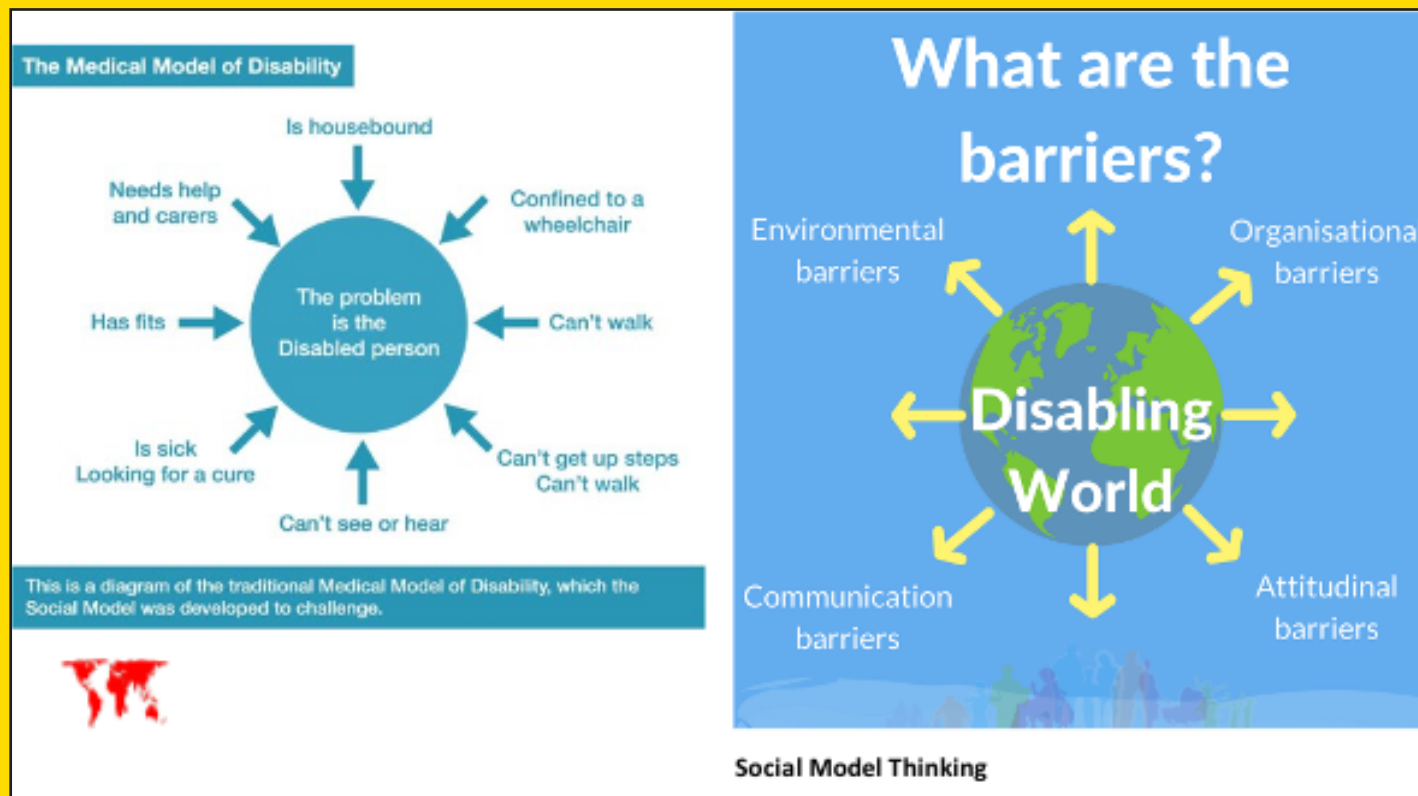
EMPLOYMENT

EDUCATION

RELATIONSHIPS



We have moved from disabled people being viewed as people to be pitied, treated badly and having things done for them, to viewing disabled people as human beings with equal rights held back by **BARRIERS THAT MUST BE REMOVED.**



**Every human being has human rights. But Disabled People do not get all their rights. That's why the United Nations made a new human rights agreement, called the Convention on the Rights of Persons with Disabilities. This was passed in December 2006.**

**Our government agreed in June 2009 to make sure that disabled people living in the UK – children, young people and adults – get all the rights in the Convention on the Rights of Persons with Disabilities UNCRPD.**

**The UK Government also agreed that people could take human rights complaints to the United Nations if it has not been possible to sort them out in this country.**

**Every human being has human rights.  
But disabled people do not get all their rights.**

## **THE EQUALITY ACT IN THE UK**

**Protects Disabled People from Discrimination, Hate Crime and Bullying and gives Disabled People a right to have reasonable adjustments made.**

# VALUING DIFFERENCE